

Please follow the link and directions below to complete your annual US Rowing waiver. All athletes competing for PCRA must sign a US Rowing waiver.

<https://membership.usrowing.org>

### **Sign your waiver for the first time:**

If you are new to rowing and have never signed a US Rowing waiver you will need to become a member of US Rowing. To do so, follow the link above and click “Join” under “Individuals” box on the left side of the screen. Fill in the relevant information. You will be asked to affiliate with a Club or Team. Search Pelham Community Rowing Association and click on it when it comes up. You will be asked to enter a Club Code. PCRA’s Club Code is **G443K**.

### **Resign your wavier:**

To sign your waiver, please follow above link above. You will be asked for you Member # and password. Both your Member # and password can be looked up easily by following the “Forgot My Member Number” and “Forgot Password” links. For further instructions, check out the very helpful US Rowing YouTube tutorial, linked below.

### **US Rowing YouTube Tutorial:**

<https://www.youtube.com/watch?v=pDE1c6wNGKk>